



Class schedule 2025-2026

MONDAY

10:00-10:30	Tiny T's
10:45-11:30	Pre-school
4:30-5:30	Pre-school, Tenderfoot, Girls & Boys 6 ½-14
5:40-6:40	Pre-school, Tenderfoot Girls & Boys 6 ½-14
6:50-7:50	Pre-school, Tenderfoot Girls & Boys 6 ½-14

TUESDAY

9:00-9:30	Tiny T's
9:45-10:30	Pre-school
10:45-11:30	Pre-school
11:45-12:30	Pre-school
3:30-4:30	Homeschool Ages 5-14 Pre-school
4:40-5:40	Pre-school, Tenderfoot, Girls & Boys 6 ½-14
5:50-7:05	Girls & Boys Accelerated 5-10 (by interview)
7:10-8:40	Girls & Boys Advanced (by interview)

WEDNESDAY

9:00-9:30	Tiny-T's
9:45-10:30	Pre-school
10:45-11:30	Pre-school
11:45-12:30	Preschool
12:45-1:30	Pre-school
4:40-5:40	Pre-school, Tenderfoot, Girls & Boys 6 ½-14
5:50-6:50	Pre-school, Tenderfoot, Girls & Boys 6 ½-14
7:00-8:00	Tumble/Acro/Dance

Must have 4 or more students enrolled to hold a class, we regret you may be asked to choose another day/time. We may also add classes per inquiry ☺

THURSDAY

9:15-9:45	Tiny T's
9:50-10:20	Tiny T's
10:30-11:15	Pre-school
11:30-12:15	Pre-school
12:30-1:15	Pre-school
12:30-1:30	Homeschool Ages 5-14
4:40-5:40	Pre-school, Tenderfoot, Girls & Boys 6 ½-14
5:50-6:50	Pre-school, Tenderfoot, Girls & Boys 6 ½-14
7:00-8:15	Girls & Boys Acceleratd (by interview)

FRIDAY

Private lessons & Events
Ninja Open Gym 2x/month
MUST SIGN-UP PRIOR TO ARRIVAL

SATURDAY

8:30-9:00	Tiny-T's
9:05-9:35	Tiny-T's
9:45-10:45	Pre-school, Tenderfoot, Girls & Boys 6 ½-14
10:55-11:55	Pre-school, Tenderfoot, Girls & Boys 6 ½-14
12:05-1:05	Pre-school, Tenderfoot, Girls & Boys 6 ½-14
1:15-2:15	Open Gym MUST SIGN-UP PRIOR TO ARRIVAL
2:15-7:00	Private Lessons & Birthday Parties

SUNDAY

8:45-9:15	Tiny-T's
9:30-10:30	Pre-school, Tenderfoot, Girls & Boys 6 ½-14
10:40-11:40	Pre-school, Tenderfoot, Girls & Boys 6 ½-14
11:40-5:00	Private Lessons & Birthday Parties

Our Classes

Confidence*Coordination*Concentration*FUN

Our program is open to boys and girls at all levels of gymnastics experience, beginner to advanced with desire to learn gymnastics. At Mid-Atlantic Gymnastics Center (MAGC) we have created an atmosphere both challenging and enjoyable, designed to develop each student's physical and mental abilities to the fullest, while instilling positive life-long attitudes toward every aspect of themselves. Classes are grouped by age, skill level and ability.

• Tiny T's - (Children 18-36 Months)

A lively introduction to the world of movement with parent/guardian participation. Teaches basic gymnastic techniques and movement necessary to any future physical activity. Level-appropriate equipment use. ½ hour class per week

• Tigers & Kangaroos - (Pre-school ages 3-4 and 4-5)

A playful yet well-designed class for preschoolers to develop coordination and concentration at a time that is so important for long-term sports development. Level-appropriate equipment use. Student/teacher ratio 6/1 for ¾ hour or 8/1 for 1 hour class per week

• Tenderfoot - (Kindergarten ages 5-6)

A confidence-building experience with exploration of movement on all apparatus, using basic skills to create simple gymnastic combinations. Student/teacher ratio 9/1 for 1 hour class per week.

• Girls and Boys - (Ages 6½ years and older)

Tailored to the individual student's needs, with emphasis on learning and fun. Classes grouped by age and ability. Beginner to intermediate levels. Student/teacher ratio 9/1. Class length varies between 1 hour, 1½ and 1¾ hours depending on skill level.

• Tumble/Acro/Dance - (Ages 6 years and older)

A special class just for those students who may want extra tumbling instruction while incorporating beginner acro and gymnastic dance. All levels of experience welcome. Classes will work on trampoline, tumbl trak, mini-tramp, and floor. Tumbling skills will be emphasized. Student/teacher ratio 9/1 for 1 hour class per week.

• Ninja Open Gym - (Ages 5 - 14)

An hour of moving fluidly through a series of obstacles with power, agility and grace. The young ninjas can practice techniques to vault, roll, jump, spin and flip in a fun and exciting form of exercise. Utilizing our safety mats and our gymnastics equipment as obstacles, the young ninja's movement abilities will grow through safe, fun and exciting challenges. This event does not require a weekly commitment and can be used as a make-up class option.

• Open Gym - (All Ages, any child under 5 years old MUST be accompanied by an adult!)

An hour of pure gymnastics fun! This is the perfect time for kids to work on their skills and explore all the equipment. Your child can jump climb, and swing onto the floor and mats! It's a fantastic opportunity for them to unleash their creativity and energy in a fun environment! This event does not require a weekly commitment and can be used as a make-up class option.

Attire:

In the interest of safety and mobility we require appropriate clothing for all class activities. Leotards, gym-shorts with t-shirts, or sweat clothing are acceptable attire. T-shirts should be tucked in. Bare feet are required. Long hair must be tied back. BRING YOUR OWN HAIRTIES!! No dangling earrings or jewelry- INCLUDING SMART WATCHES, no tights with feet, and no shorts with zippers/buttons.

Coaching/Commenting/Disciplining from the waiting area is prohibited. This is not safe for participants & distracting for instructors, please wait until after class ☺

Session Dates

Monday

Session #1 September 8th – October 20th (7 weeks)
 Session #2 November 3rd – December 22nd
 Session #3 January 5th – February 23rd
 Session #4 March 2nd – April 27th
 Session #5 May 4th – June 8th (5 weeks)

Tuesday

Session #1 September 2nd – October 21st
 Session #2 October 28th – December 16th
 Session #3 January 6th – February 24th
 Session #4 March 3rd – April 28th
 Session #5 May 5th – June 9th (6 weeks)

Wednesday

Session #1 September 3rd – October 22nd
 Session #2 October 29th – December 17th
 Session #3 January 7th – February 25th
 Session #4 March 4th – April 29th
 Session #5 May 6th – June 10th (6 weeks)

Thursday

Session #1 August 28th – October 16th
 Session #2 October 23rd – December 18th
 Session #3 January 8th – February 26th
 Session #4 March 5th – April 30th
 Session #5 May 7th – June 11th (6 weeks)

Friday

Session #1 August 29th – October 17th
 Session #2 October 24th – December 19th
 Session #3 January 9th – February 27th
 Session #4 March 6th – May 1st
 Session #5 May 8th – June 12th (6 weeks)

Saturday

Session #1 August 30th – October 18th
 Session #2 October 25th – December 20th
 Session #3 January 3rd – February 21st
 Session #4 February 28th – April 25th
 Session #5 May 2nd – June 13th (7 weeks)

Sunday

Session #1 August 31st – October 19th
 Session #2 October 26th – December 21st
 Session #3 January 4th – February 22nd
 Session #4 March 1st – April 26th
 Session #5 May 3rd – June 14th (7 weeks)

Class Fees

Based on length of class

(7, 6 & 5 week sessions pro-rated)

Class Length	8weeks
½ Hour	145.00
¾ Hour	175.00
1 Hour	180.00
1 ¼ Hour	195.00
1 ½ Hour	210.00
Ninja Open Gym	25.00
Open Gym	20.00

- Waitlists are moved into classes throughout sessions once a spot is available
- 5% sibling discount per child, Use code 23889
- Trial classes are available for (1) class fee
- Any changes in class day/time, \$10 transfer fee

**SCAN HERE
TO REGISTER!**



Holiday Closings

Opening Day

Thursday, Aug. 28th

Thanksgiving

Thurs, Nov. 20th – Sun, Nov. 23rd

Winter Break

Tues, Dec. 23rd – Thurs, Jan. 1st

Spring Break

Wed, April 1st – Tues, April 7th

Memorial Day

Mon, May 25th

Make-Up Policy

Make-ups are offered as long as child is enrolled. Make-ups can be scheduled as an Open Gym. Make-ups in a class are not guaranteed due to lack of space in our program. Make-ups need to be scheduled within the same session and only if there is a space available in another class of the same level. Must schedule make-up and notify of absence via EMAIL ONLY. If you know your child(ren) will be missing a class you may schedule the make-up prior to the absence. A missed makeup class MAY NOT be rescheduled. No refunds, pro-rates or credits for missed classes. This includes unforeseen injuries, illnesses, weather closings or pandemics. Conflicts with schedules, loss of interests, injuries or other activities are not eligible for credits or refunds; make up classes ONLY! MAGC must be notified for any absence at least one hour prior to the missed class. If not notified, the above policy for a makeup is exempt. Any credits given must be used within same fiscal year.*Withdraw in first week 50% of payment**Withdraw after first week, no refund***Returned payments of any kind \$35 charge

PRIVATE LESSONS

Lessons are only offered outside of class times: M-Th before 4:45pm, Friday anytime, Saturday & Sunday afternoon/evenings. Fees are dependent on length of lesson, number of participants & instructor.

Birthday Parties

Saturdays 3 or 5pm & Sundays 3:30pm, 1 hour gym time & 30 minutes party time in waiting area. Please ask for more information @desk!